

15 Ways to Make a Great First Impression

1. Smile. A real smile starts in the heart, shows on the lips and around the eyes. What you thought were wrinkles are really positive attitude indicators!
2. Shake hands. A good handshake consists of a full handclasp, shaking two or three times. No bone crushers or limp handshakes.
3. Use direct eye contact. It adds to your believability.
4. Show sincere interest in the person you are meeting.
5. Remember names. A person's name is the most important sound s/he hears and instantly captures his/her attention each time it is used.
6. Think, act and look happy and successful.
7. Everyone likes a winner. Think, act and behave like one!
8. Dress to be included. It's not right or wrong, but it is what's appropriate that counts.
9. The better your exterior looks, the more confident your interior becomes.
10. Darker colored clothing will give you more visual power, presence and credibility.
11. To look taller and thinner, use the one color dressing technique.
12. For powerful body language, use smooth gestures and decisive movements.
13. Take a positive, enthusiastic approach to life.
14. Never complain, never explain.
15. Be well-spoken and give sincere compliments.